

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 4 22-23	Race 4 23-24	
1	Abbey Runners	10506	7491	28.7
2	Horsforth Harriers	17296	12650	26.9
3	Ackworth Road Runners	19699	15503	21.3
4	Knaresborough Striders	23434	19214	18.0
5	York Postal Harriers	16499	14461	12.4
6	Nidd Valley Road Runners	13707	12704	7.3
7	Chapel Allerton Runners	14102	13307	5.6
8	St Theresa's AC	12694	12064	5.0
9	Saltaire Striders	15412	14704	4.6
10	Kirkstall Harriers	13795	13241	4.0
11	Horsforth Fellandale	22038	21211	3.8
12	Bradford Airedale AC	25837	25148	2.7
13	Wetherby Runners	18919	18690	1.2
14	Roundhay Runners	9206	9304	-1.1
15	Hyde Park Harriers	9595	10056	-4.8
16	Dragons RC	28087	30499	-8.6
17	Kippax Harriers	17965	19538	-8.8
18	Airecentre Pacers	12772	15412	-20.7
19	Ilkley Harriers	14738	19008	-29.0
20	Valley Striders	6036	7872	-30.4
21	Harrogate Harriers	11725	15641	-33.4
22	York Tri Club	19457	25993	-33.6
23	Rothwell Harriers	12049	17674	-46.7
24	Wharfedale Harriers	14921	24668	-65.3